LV UNIFIELD FIELD MARKINGS GUIDELINES

- 100m X 55m
- Goal circle 3m diameter
- Goal line 12 metres from end line.
- Centre line marked across the field.
- Centre line to men's goal area line 20m (i.e. 18m from goal line)
- Centre line to women's restraining line 13m (i.e. 25m from goal line)
- Men's restraining line (wing line) begins at a point at the intersection of the centre line and a point 18m from centre of field towards sidelines and extends 9m down the field on each half of the field parallel to the sideline
- Special substitution area is 13m along the field and 7m deep, away from the field with 6.5m each side of the centre line, the coaches walk and players area is 13.5
- Timer tables 4m from the sideline with the substitution area.
- 2m coaches walk (from sideline) marked with dotted line
- Players area extends from the coaches walk away from the field a further 5 m (7m total from sideline)
- Players benches must be at least 5m from the sideline
- Players' area and coaches walk finishes at the extension of the men's goal area line.
- Fan and centre circle for women's lacrosse are the normal dimensions.

