



LACROSSE  
VICTORIA

# FLEXIBLE UNIFORM POLICY

# Lacrosse Victoria Flexible Uniform Policy

Lacrosse Victoria recognises that in circumstances where a person's religious beliefs, cultural beliefs or gender identity conflicts with Lacrosse Victoria's standard dress code, that modifications to the standard uniform will be accommodated where possible (e.g. where safety and other playing requirements can be met).

In addition, wherever possible our clubs will consider flexibility in uniforms to encourage the participation of women, girls, trans and gender diverse people. Players should be able to freely choose the most appropriate uniform in line with their affirmed gender and beliefs. Allowing the freedom to choose from a range of uniform designs enables people to feel empowered and comfortable when they move.

This may include, but is not restricted to:

- less restrictive, body-hugging attire
- the wearing of religious head coverings (e.g. traditional head scarf or turban)
- the wearing of shorts instead of a skirt
- the wearing of leggings or tracksuits to cover legs
- the wearing of long sleeve top to cover arms
- the wearing of black or the official colours of Lacrosse Victoria or the member's Club instead of white or light-coloured bottoms.

Lacrosse Victoria requires that religious head coverings are tied and are not fastened with any pins or sharp objects which may cause safety concerns. The colour of the religious head coverings or any other garments must be black or in accordance with the official colours of Lacrosse Victoria or the member's Club.

## Relevant Documents

[What Girls Want in Sport Uniforms](#), Victoria University

[Uniforms that encourage girls to play sport and be physically active](#), Victoria University

[Uniforms and Dress Standard](#), Queensland Human Rights Commission

## More information

If you have a query about this policy or need more information, please contact Lacrosse Victoria at [office@lacrossevictoria.com.au](mailto:office@lacrossevictoria.com.au).