

Lacrosse Victoria Return to Training Checklist: This document must be signed and returned to the Lacrosse Victoria Office before training at your club can commence.

1. **Facility Access Approval:** The club has received approval from local council/facility manager to access the facility for training and understand they must follow direction and advice of police, local government, and Lacrosse Victoria at all times. Initial: _____
2. **Attendance at Each Session:** The club has implemented an attendance record keeping system to keep track of participants at all training sessions. This record needs to be available upon request from local health authorities or Lacrosse Victoria. Initial: _____
3. **Group Training:** The club ensure each session is non-contact and groups of 20 participants plus a coach can train within a designated practice zone at any one time. Initial: _____
4. **Practice Zones:** The club must ensure practice zones are a minimum of 40m x 50m (or similar equivalent) and be clearly marked. Participants, staff, and parents must not move to another zone at any point during a training session. Training times will need to operate with a staggered start and finish time with a minimum of 15 minutes between sessions including designated entry and exit points. Clubs use 'Get in, Train, Get Out' principle. Initial: _____
5. **Social Distancing:** The club has advised its participants, coaches, volunteers, parents and other members that all training must strictly observe social distancing requirements of **1.5m** and that parents must keep a reasonable distance if attending training. Initial: _____
6. **Facilities:** The club is aware and has informed members that access to clubrooms, changerooms, canteen and bar will not be available. Initial: _____
7. **Equipment:** The club is aware that sticks and protective equipment are allowed as well as goals, balls and cones. Hygiene Procedures should be maintained with all equipment including no sharing of personal equipment. Initial: _____
8. **Club Acknowledgement:** The club and all teams have read, understood and adhere to the guidelines to Return to Training. Initial: _____

Club Name: _____

Club President/Secretary (sign): _____

Club President/Secretary (print): _____