



# Women's Rule Variations 2008



**These should be read with reference to IFWLA Official Rules Book  
2007-2010**

## **Women's Variation and Trial Rules 22 A 1e and 24 G**

**Rule 5.A Teams:** Any number of players up to **ten (10)** are permitted on the field at the same time. One of the **ten** players on each team may be a Goalkeeper.

**Rule 6.B 1** Numbers on the front of the shirt must be at least **15cm** tall. Numbers on the back of the shirt must be at least 20 cm tall. **All shirt numbers must be centered at chest level.**

For IFWLA Tournaments, numbers **1-40** only are permitted on team shirts. (Tournament Rule 25.I)

**Rule 6.E.** 4<sup>th</sup> sentence. Field players **are** permitted to wear optional headgear or face masks.

**Rule 8.** 1<sup>st</sup> sentence add - and WLA Variations. Also LV Trial Rule and Variations

**Rule 10.A.** Duration of Play: For U17/U21 Championship matches, the duration of the game shall be two halves of 25 minutes each.

**Rule 11.B 1)** Delete 2<sup>nd</sup> & 3<sup>rd</sup> sentences "A substitute may take her place ..... shall not exceed 30 seconds."

**Rule 11.B 1a)** Delete "If the Yellow Card is a team's third"

**Rule 11.B 1b)** Delete "is awarded her team's third"

**Rule 11.C.** 2<sup>nd</sup> Paragraph; No player is allowed on the field with an open wound or blood **contaminated** clothing or equipment.\*

Spitting on the field or in the team/bench areas is a personal foul.

Smoking is not permitted on the field or in the team/bench areas.

Penalty: Green card/Yellow card/Red card.

\*Australian Sports Medicine Federation Policy.

**Rule 12.C.** During the Draw a maximum of five players from each team may be between the restraining lines. All other players must be below / goal side of either restraining line. Players must not enter the circle or cross over the restraining lines until the whistle. Players may hang their crosses into the centre circle or over the restraining lines, but their crosses may not touch the ground. layers outside the centre circle or below/goal side of the restraining lines are not required to "Stand" during a Draw, but their feet may not touch the centre circle line **or the restraining lines** until the whistle sounds. Goalkeepers must remain below/goal side of their respective defensive restraining lines. (Rules 19.A.7 and 19.A.8)

### **Guidance**

*12.C. Entering the Centre Circle **or crossing above the restraining lines** before the whistle during the Draw is a Minor Foul and shall be called only when a player or her team gains an unfair advantage because of the violation.  
**Umpires may use preventive officiating to ensure that all players are in legal***

**Rule 17.A 2 a) & b)** Players may reach into the goal circle to play the ball in the air, their feet must not touch the Goal Circle Line. No player except the goalkeeper or her deputy, can play the ball once it is grounded and remains in the goal circle. When the goalkeeper has the ball in her stick and is she inside the goal circle, she must not be checked. A player will not be penalised if her stick crosses the goal circle when her feet are outside of that line.

Note: The WLA definition allows that a bouncing ball inside the goal circle is a free ball. A player may reach in and play the free ball provided that her stick, (or any part of her body or equipment) is not grounded inside the circle or on the goal circle line and makes no contact with the goalkeeper or her stick.

**Rule 17.B 1 b)** Delete. Add - A field player must not enter, remain or have any part of her body or crosse grounded on or over the Goal Circle line at any time unless she is a Deputy for the Goalkeeper. An opponent must allow the goalkeeper to clear the ball and must not contact the goalkeeper when she is in her goal circle.

**Rule 17.B 2) Guidance** Delete “However, her crosse must be outside the Goal Circle when she receives a pass from a teammate to attempt/complete the shot (on a quick stick , for example).”

**Rule 18 A 1)** Delete “eight” Add “seven”

**Rule 18 A 2)** Delete “nine” Add “eight” **Guidance 18A2)** Delete “9” Add “8”

**Guidance 18 A 2)** Second paragraph Delete “9” Add “8”

**Guidance 18 A 5 Guidance** Second paragraph Delete “12” Add “10”

**Rule 19 A4. Ball off the body:** A player must not touch the ball with her hand, use her hand or body to keep the ball in the crosse (delete remainder of sentence). Add There is no call for a ball that comes off the body of a field player, even to her team’s advantage. A minor foul is awarded for deliberate kicking or handling of the ball.

**19.A.9.** During the Draw, a player must not enter the Centre Circle [or cross above the restraining line](#) before the Umpire’s whistle. (Rule 12.C.)

<b>Guidance</b>
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<p>19.A.9.Fouls committed during the draw by players, who are outside the Centre Circle <a href="#">or below the restraining lines</a>, should be called only when the offending team gains an advantage because of the violation. <a href="#">For fouls that occur during the Draw, a minor foul free position shall be set at the centreline (Rule 19.A.8 1). All players must stand for the free position.</a></p>
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**Rule 19.A 20 a** Free position 4m to the side.

**Rule 19.B 1, 2, 3. Minor Foul Penalties:** The offending player shall move 4m to the side of the player taking the Free Position.

## **Rule 22: Warning Cards, Misconduct and Suspension, p. 91**

**Rule 22.A 1 e** *A Coach or team official must not conduct themselves in an unsporting manner or exhibit any type of behavior which in the Umpire's opinion amounts to misconduct.*

**Rule 22.A 1e) Penalties for Coach/Team Official:**

**1.** *Time out taken to issue warning card. When Yellow card to offender, the nominated player on the field must leave the field for 2 minutes lapsed playing time. A substitute may not take her place.*

**2.** *When a Coach or team official receives a second Yellow card (Yellow/Red) they are suspended from further participation in the game. The nominated player on the field is also suspended from further participation in the game.*

**3.** *When a Coach or team official receives an immediate Red Card they are suspended from further participation in the game and must leave the venue. The nominated player is also suspended from further participation in the game and may remain at the venue.*

*To restart play a Major Foul will be awarded to the opponent nearest the ball or at the spot where play was to resume before the card was given.*

*A report may also be sent to LV for further action.*

**Rule 22.B.4** Delete 2<sup>nd</sup> sentence "A substitute may take her place."

**Add 2<sup>nd</sup> sentence** Suspended player/s must sit on her team's side of the official area. The Timer is to start the penalty clock when the player is seated. The player/s must remain seated until the penalty is complete.

**Rule 22 B4a** Delete "If the Yellow Card is her team's third."

**Rule 22.B.5.b (IFWLA)** When a Goalkeeper is suspended from further participation in the game, and her team has a '**second dressed**' Goalkeeper she will replace the suspended goalkeeper. If the suspended Goalkeeper is her team's '**only dressed**' Goalkeeper, a 2 minute time out shall be taken to enable the nominated field player to put on protective equipment. If this player is on the field of play, a substitute shall take her place.

- 1) To resume play, the field player below/goal side of the restraining line and nearest to the substitution area must leave the field for the 5 or 10 minute suspension. (Once play resumes, any eligible player may substitute as long as her team plays short for the duration of the timed penalty). The replacement Goalkeeper shall stand 4m behind the attack player awarded the Free Position. The goal circle shall remain empty.

**Rule 24.G.** Any player accumulating 10 demerits for personal fouls shall be suspended from the next fixture match of the Championship/Tournament.

Yellow card = 2 demerits. Red card = 4 demerits.

**Rule 24.G LV Variation:**

A member who has accrued eight (8) demerit points is automatically suspended for the next **fixtured round**. The next **fixtured round** could be a final, or the first round of the following season in which their team is to participate, if the suspension occurs at the end of normal rounds.

**Major Differences Between LV variations and IFWLA Rules.**

- 10 players per team (on the field at one time).
- Ball off the body – only a deliberate kick or handling is penalised.
  - Minor foul placement – to the side.
- 10 Demerit points per championship – 1 match suspension.
- Field players are permitted to wear optional headgear/ face masks.
  - Seven attack on eight defence below the restraining line.
- 2 minutes suspension without substitution for all Yellow cards.