
**LACROSSE VICTORIA
UNDERAGE COMPETITION**

**RULES OF PLAY FOR
Men's Under 18 Field Lacrosse**



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Rules of Play

Table of Contents

1. <i>Age Group</i>	3
2. <i>Game Duration</i>	3
3. <i>Teams</i>	3
4. <i>Protective Equipment</i>	3
5. <i>Competition Ball</i>	3
6. <i>All Other Rules</i>	4

1. Age Group

All players must be under 18 years of age on 1st January of the year of competition.

2. Game Duration

The duration of the game is 4, 15 minute quarters (running time) with time off allowed as indicated by the referee.

The full stop clock will be allowed at the discretion of the referee, and / or coaches. This decision is to be discussed and agreed to **prior** to game commencing.

Time between quarters:

- a three (3) minute break at the end of the first and third quarters
- and
- a five (5) minute break at half time.

3. Teams

A team consists of a maximum of ten (10) players on the field at any one time. The ten (10) on-field players shall be designated as follows:

- Goalkeeper (1)
- Defence players (3)
- Midfield players (3)
- Attack players (3)
- Teams may have more than 16 players during home matches but finals will be limited to 16 players for each team.

A minimum of 8 players on the field is allowed before an opposing team may claim a walkover.

4. Protective Equipment

All players must wear the following protective equipment:

- a helmet (with a face guard)
- gloves

The goalkeeper must wear protective equipment including:

- throat guard (attached to the face guard of the helmet)
- chest plate
- protective box.

Other players must wear helmet, face mask and gloves.

5. Competition Ball

A Lacrosse Victoria approved ball must be used during competitions.

6. All Other Rules

All other rules are the same as those applicable to senior lacrosse. Please refer to the rulebook.