



# LACROSSE VICTORIA

R U L E S   O F   P L A Y  
U N D E R   1 5  
G I R L S  
F I E L D   L A C R O S S E

R E V I S E D   M A R C H   2 0 1 7



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## 1. AGE GROUP

All players must be under 15 years of age on the 1<sup>st</sup> of January of the year of competition. Eligibility exceptions to this will be in accordance with but not limited to the LV Junior Age Exemption Policy and LV Physical development and Maturation policies. Applications must be made in writing with all supporting documentation and submitted to LV for a final decision.

## 2. TEAMS

A team may consist of up to 16 players with no fewer than eight (8) and no greater than ten (10) players on the field at any one time.

Players may be designated as follows:

- Goalkeeper
- Defence players
- Midfield players
- Attack players

A team with less than the minimum number of players can be supported by the opposing team 'sharing' players if both coaches agree. In the spirit of junior development and participation, it is also recommended that the number of players from each team on the field at any one time be the same. Although this is not mandatory, it encourages an evenness of competition and fair play.

Each player will wear the teams' uniform consisting of shirts or jumpers numbered front and back, shorts/skirt and socks. The goalkeeper may wear tracksuit pants.

## 3. GAME DURATION

The duration of the game consists of two (2) periods of 20 minutes for a total game time of 40 minutes. There will be a four (4) minute break at the end of the first period (half time).

## 4. TEAM TIME OUTS

Each team will be restricted to two time-outs across the two periods.

## 5. TIED GAME

Overtime and sudden death procedures do not apply for regular competition matches but do apply in any finals match.

## 6. EQUIPMENT

*Crosse*

The Crosse must be a standard approved women's field Crosse, with no mesh pockets allowed to be used.

*Ball*

The ball used will be a standard solid rubber women's field ball.

*Mouthguard*

## **MOUTHGUARDS MUST BE WORN BY ALL PLAYERS**

### *Protective Eyewear*

Approved protective eye guards (goggles) MUST be worn by all players except for the goalkeeper and protective headgear is permitted.

### *Jewellery*

Players must not wear earrings, necklaces, bracelets, watches or soft jewellery on the field. Medical jewellery with information visible and rings must be taped securely to the player or removed. Flat hair clips are permitted.

### *Goalkeeper*

The goalkeeper must wear the following; an approved helmet with a throat guard, gloves and chest pad. The game shall not start until the match official is satisfied that the goalkeeper is adequately protected. The designated goalkeeper only may use a regular goalkeeper's Crosse or an approved field stick.

The goalkeepers Crosse used shall be in accordance with the senior rules, but common sense should prevail by having the crosse length appropriate for the player's size.

## **7. OFFSIDE (RESTRAINING LINE RULES)**

Each team shall retain three (3) players including the goalkeeper in the defensive half, behind the restraining line, of the field at all times to remain onside. Possession will be awarded as per the penalties in rule 18 of the women's rulebook.

## **8. STICK CHECKING**

This rule will be introduced under trial for the 2016 and 2017 season and will be applied according to the rules of senior women's lacrosse.

## **9. ALL OTHER RULES**

All other rules are the same as those applicable to senior lacrosse. Please refer to the rulebook.