



# LACROSSE VICTORIA

RULES OF PLAY  
UNDER 15  
GIRLS  
FIELD LACROSSE

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## 1. AGE GROUP

All players must be under 15 years of age on the 1<sup>st</sup> of January of the year of competition. Eligibility exceptions to this will be in accordance with but not limited to the LV Junior Age Exemption Policy and LV Physical development and Maturation policies. Applications must be made in writing with all supporting documentation and submitted to LV for a final decision.

## 2. TEAMS

A team may consist of up to 16 players with no fewer than eight (8) and no greater than ten (10) players on the field at any one time.

Players may be designated as follows:

- Goalkeeper
- Defence players
- Midfield players
- Attack players

A team with less than the minimum number of players can be supported by the opposing team 'sharing' players if both coaches agree. In the spirit of junior development and participation, it is also recommended that the number of players from each team on the field at any one time be the same. Although this is not mandatory, it encourages an evenness of competition and fair play.

Teams may have more than 16 players during home and away matches but in finals will be limited to 16 players for each team.

Each player will wear the teams' uniform consisting of shirts or jumpers numbered front and back, shorts/skirt and socks. The goalkeeper may wear tracksuit pants.

## 3. GAME DURATION

The duration of the game will be a maximum of 48 minutes, consisting of four (4) periods of 12 minutes each. There will be a three (3) minute break after the 1<sup>st</sup> and 3<sup>rd</sup> periods, and a five (5) minute break at half-time (the end of the 2<sup>nd</sup> period).

The clock will be no stopped clock, including during finals.

## 4. TEAM TIME OUTS

Each team will be allowed two time-outs of 90 seconds each which may be used across the four (4) periods. Time outs during sudden victory play in finals will be allowed in compliance with the senior rules.

## 5. TIED GAME

Sudden victory procedures do not apply for regular competition matches but do apply in any finals match.

## 6. EQUIPMENT

*Crosse*

The Crosse must be a standard approved women's field Crosse, with no mesh pockets allowed to be used.

#### *Ball*

The ball used will be a standard solid rubber women's field ball.

#### *Mouthguard*

### **MOUTHGUARDS MUST BE WORN BY ALL PLAYERS**

#### *Protective Eyewear*

Approved protective eye guards (goggles) **MUST** be worn by all players except for the goalkeeper and protective headgear is permitted. Any eye guards or headgear worn must be in accordance with LV requirements on their manufacture standards.

#### *Jewellery*

Players must not wear earrings, necklaces, bracelets, watches or soft jewellery on the field. Medical jewellery with information visible and rings must be taped securely to the player or removed. Flat hair clips are permitted. Small studs, earrings or piercings may be worn if taped over to cover them adequately to the satisfaction of the umpire before and during the game. This allowance is for piercings that may not be easily removed (such as surgically inserted), and they must be easily taped over to ensure they are covered.

#### *Goalkeeper*

The goalkeeper must wear the following; an approved helmet with a throat guard, gloves and chest pad. The game shall not start until the match official is satisfied that the goalkeeper is adequately protected. The designated goalkeeper only may use a regular goalkeeper's Crosse or an approved field stick.

The goalkeepers Crosse used shall be in accordance with the senior rules, but common sense should prevail by having the crosse length appropriate for the player's size.

## **7. ALL OTHER RULES**

All other rules are the same as those applicable to senior lacrosse. Please refer to the rulebook.