



LACROSSE

VICTORIA

R U L E S O F P L A Y

U N D E R 1 5

B O Y S

F I E L D L A C R O S S E

R E V I S E D M A R C H 2 0 1 8



TABLE OF CONTENTS

- 1. AGE GROUP3
- 2. TEAMS3
- 3. GAME DURATION3
- 4. TEAM TIME-OUTS3
- 5. TIED GAME3
- 6. EQUIPMENT3
- 7. BODY CHECKING4
- 8. STICK CHECKING.....4
- 9. ALL OTHER RULES4

1. AGE GROUP

All players must be under 15 years of age on the 1st of January of the year of competition. Eligibility exceptions to this will be in accordance with but not limited to the LV Junior Age Exemption Policy and LV Physical development and Maturation policies. Applications must be made in writing with all supporting documentation and submitted to LV for a final decision.

2. TEAMS

A team consists of a maximum of ten (10) players on the field at any one time. The ten (10) on-field players shall be designated as follows:

- Goalkeeper (1)
- Defence players (3)
- Midfield players (3)
- Attack players (3)

Teams may have more than 16 players during home and away matches but in finals will be limited to 16 players for each team.

Any team with fewer than eight (8) on field players, 5 minutes after the commencement time of the game shall forfeit the game as a walkover.

3. GAME DURATION

The duration of the game consists of four (4) periods of 15 minutes for a total game time of 60 minutes. There will be a three (3) minute break at the end of the first and third period and a five (5) minute break at end of the second period (half time).

No stop clock is to be applied during any period of play.

4. TEAM TIME-OUTS

Each team will be restricted to one time-out per half of play.

5. TIED GAME

Overtime and sudden death procedures do not apply for regular competition matches but do apply in any finals match.

6. EQUIPMENT

All players must wear the following protective equipment:

- A helmet (with a face guard)
- Gloves
- Mouthguard
- Elbow Pads to be implemented in 2015 season

The goalkeeper must wear the following additional protective equipment:

- Throat guard (attached to the face guard of the helmet)
- Chest plate
- Protective box

The stick and its length used by all players shall be in accordance with senior rules.

The goal keeping stick used shall be in accordance with the senior rules.

7. BODY CHECKING

A player may body check an opponent from the front or side, above the hip and below the neck if the opponent is **IN POSSESSION** of the ball. Any avoidable, late or unnecessary body contact is to be penalised.

For the sake of this rule, 'possession shall be interpreted as being in the carrying position.

Penalty: Personal Foul

8. STICK CHECKING

A player may stick check the gloved hand excess force is not permitted.
The poke check may only be of a limited length.

A check delivered with the gloved hand/hands on the Crosse may not be delivered with a "punching blow" – unnecessary roughness

One handed checks will not be permitted

Penalty: Personal Foul

9. ALL OTHER RULES

All other rules are the same as those applicable to senior lacrosse. Please refer to the rulebook.