



LACROSSE
VICTORIA

R U L E S O F P L A Y
U N D E R 1 5
B O Y S
F I E L D L A C R O S S E

R E V I S E D M A R C H 2 0 1 9

TABLE OF CONTENTS

- 1. AGE GROUP 3
- 2. TEAMS 3
- 3. GAME DURATION 3
- 4. TEAM TIME-OUTS 3
- 5. TIED GAME 3
- 6. EQUIPMENT 3
- 7. BODY CHECKING 4
- 8. STICK CHECKING 4
- 9. ALL OTHER RULES 4

1. AGE GROUP

All players must be under 15 years of age on the 1st of January of the year of competition. Eligibility exceptions to this will be in accordance with but not limited to the LV Junior Age Exemption Policy and LV Physical development and Maturation policies. Applications must be made in writing with all supporting documentation and submitted to LV for a final decision.

2. TEAMS

A team consists of a maximum of ten (10) players on the field at any one time. The ten (10) on-field players shall be designated as follows:

- Goalkeeper (1)
- Defence players (3)
- Midfield players (3)
- Attack players (3)

Teams may have more than 16 players during home and away matches but in finals will be limited to 16 players for each team.

Any team with fewer than eight (8) on field players, 5 minutes after the commencement time of the game shall forfeit the game as a walkover.

3. GAME DURATION

The duration of the game consists of four (4) periods of 15 minutes for a total game time of 60 minutes. There will be a three (3) minute break at the end of the first and third period and a five (5) minute break at end of the second period (half time).

No stop clock is to be applied during any period of play, including finals.

4. TEAM TIME-OUTS

Each team will be allowed two time-outs of 90 seconds each which may be used at any point during the game. Time outs during sudden victory play in finals will be allowed in compliance with the senior rules.

5. TIED GAME

Sudden victory procedures do not apply for regular competition matches but do apply in any finals match.

6. EQUIPMENT

All players must wear the following protective equipment:

- A helmet (with a face guard)
- Gloves
- Mouthguard

- Elbow Pads

The goalkeeper must wear the following additional protective equipment:

- Throat guard (attached to the face guard of the helmet)
- Chest plate
- Protective box

The stick and its length used by all players shall be in accordance with senior rules.

The goal keeping stick used shall be in accordance with the senior rules.

7. BODY CHECKING

A player may body check an opponent from the front or side, above the hip and below the neck if the opponent is **IN POSSESSION** of the ball. Any avoidable, late or unnecessary body contact is to be penalised.

For the sake of this rule, 'possession' shall be interpreted as being in the carrying position.

Penalty: Personal Foul

8. STICK CHECKING

All stick checking must be applied with 2 gloved hands holding the stick.

The poke check is to be limited in travel from the front of the body to the full extension of both arms.

A player may stick check the gloved hand excessive force is not permitted.

A check delivered with the gloved hands on the Crosse may not be delivered with a "punching blow" – unnecessary roughness should be called for this.

Penalty: Personal Foul

9. ALL OTHER RULES

All other rules are the same as those applicable to senior lacrosse. Please refer to the rulebook.